



LANGLEY SECONDARY SCHOOL NEWSLETTER

21405 – 56th Avenue, Langley, B.C. V2Y 2N1 - Telephone 604-534-4171 Fax 604-534-9518

www.langleysecondary.com

Principal's Message

We have experienced a smooth start to the year at LSS. The students have settled in and there is a very positive vibe at the school. We have a number of new staff that we welcome to the LSS family:

- Debbie Jones – Office (furthest from the counter)
- Colleen Winter – Office (closest to the counter)
- Sam Muraca – Vice Principal
- Lisa Ellis – PE/English Teacher
- Natasha Rybakov- Math/Science Teacher
- Sue Perkin – Special Education Assistant
- Irene Taylor – Special Education Assistant
- Agata Zgorzelska – Library Technician
- Nicole Kercher – Family Support Worker (back from maternity)
- Ginger Bresnick – Dance Teacher
- Kym Norman – Art/Resource Teacher in for Gord Grant
- Kristin Renville – AVID/PE Teacher

Our Grade 9 and Grade 12 Parent Nights were well attended (especially the Grade 12 one) and we look forward to guiding parents through these transition years. If you were unable to attend these meetings, the Powerpoints are on the website at the bottom of the most recent Saints Scoop. Grade 12's have their own section on our school website called "The Grad Zone" where information is updated regularly. Also there has been an email list generated for grade 12 parents and grade 12 students to ensure information is disseminated in a timely fashion. The grade 12 students have been provided with a Grad Handbook that lists all of the information they need for their final year at LSS. In addition, a Scholarship Handbook is currently being printed to assist them in obtaining help financing their post secondary. The Grad Council (close to 100 students) is busy planning events for the grads this year and they are a fabulous group.

This past week was a busy one. The week started out with a training day for our of our Leadership students organized by Mr. Bannister and Ms. Statham. These students are well on their way to making this school year a fun and memorable one. On Wednesday, we had a presentation called "Kindness Rocks" which featured messages around kindness within a rock concert. The band was fabulous and the messages were powerful. A special treat was a visit by Dirty Radio who currently has a number of songs on the radio. In addition this week, we held our Post Secondary Informational Sessions. Grade 12 students heard presentations from BCIT, SFU, UVic, NVIT, UFV, TRU, TWU, Canadian Forces, Kwantlen and more. All students were encouraged to visit the Post Secondary Info Fair after school to get materials and ask questions. To round out the week, the Musical Theatre Program held their retreat with Diana Kaarina who played Eponine in Les Miserables on Broadway for over 5 years! She is also the voice of Barbie...really. The students are putting on the musical production, Les Miserables this year and we are very excited to see it!

Parents, I look forward to working with you as you navigate your way through the challenging teen years. In spite of possible protests, please stay involved in your child's high school education. Parent involvement, regular student attendance and good work habits are keys to student success. Langley Secondary has many programs, clubs and teams and we encourage students to explore what we have to offer and to become involved. An engaged student is a motivated student!

If you have questions or concerns about the educational experience of your child, or any other question, please contact a member of the administration, a counselor or a teacher directly. We are all here to serve the needs of our students.

Sincerely,

Ms. Dawne Tomlinson
Proud Principal, Langley Secondary

Upcoming Events



OCTOBER

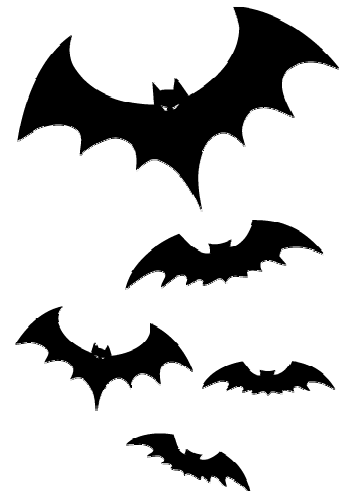
Thursday, October 13	Photo Retakes Grad Cruise
Friday, October 14	Late Start – 9:28 am
Monday, October 17	PAC Meeting – 7:00 pm in library Dry Grad First Meeting – 8:00 pm in library
Tuesday, October 18	World Food Day at LSS
Wednesday, October 19	Early Dismissal 1:36
Thursday, October 20	Early Dismissal 1:36
October 20 – 26	Grad Photos
Friday, October 21	Pro-D Day – NO SCHOOL
Thursday, October 27	Halloween Dance 6:30 – 9:30 pm
October 28 – Nov. 2	Kichijo Visit

NOVEMBER

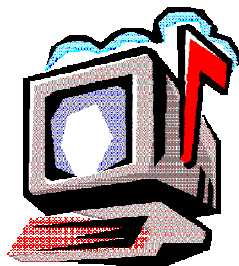
November 4	Design & Assess. Day – No School End of Term 1, Semester 1
November 4 – 5	Choir Retreat
Monday, November 7	SPC Meeting – 6:00 pm in library PAC Meeting – 7:00 pm in library
Thursday, November 10	Remembrance Day Assemblies Choir Concert
Friday, November 11	Remembrance Day – NO SCHOOL
Monday, November 14	Calendar Variation Day - No School
Friday, November 25	Late Start – 9:28 am Grad Photo Retakes

Secretaries:	Ms. J. Smart Ms. L. Hynd Ms. D. Jones Ms. C. Winter
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PAC President:	Mr. Bruce Northway
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STAFF EMAIL ADDRESSES



Administrators

Ms. D. Tomlinson datomlinson@sd35.bc.ca
Mr. F. Roberto froberto@sd35.bc.ca
Mr. S. Muraca smuraca@sd35.bc.ca

Counsellors

Mr. D. Lewis dlewis@sd35.bc.ca
Last Names A-G & All International Students
Ms. Stewart-Lee mstewartlee@sd35.bc.ca
Last Names H-N and All AVID Students
Ms. M. Statham mstatham@sd35.bc.ca
Last names O-Z and All Focus & Career Prep Students

Teachers

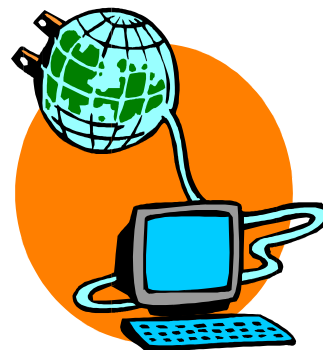
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Ms. N. Kercher nkercher@sd35.bc.ca
Ms. N. Walser nwalser@sd35.bc.ca

STAY
CONNECTED
&
KEEP INFORMED



Administration Caseload

A-L –

Mr. Roberto

M-Z –

Mr. Muraca



Counselling Caseload

Mr. Lewis

Last Names A-G

All International Students

Ms. Stewart-Lee

Last Names H-N

All AVJD Students

Ms. Statham

Last Names O-Z

All Focus Students

All Career Prep Students



"Of course creative writing is important. You want to write home for money when you go away to college, don't you?"

POSTAGE STAMPS for GUIDE DOGS



Ms. D. Turner's class is helping the Canadian Guide Dogs for the Blind collect used postage stamps to raise funds to purchase guide dogs for the blind.

Care to help us? Here's how:

Cut or tear the stamp from the envelope (but not too close). When you tear off the stamps please leave at least one-quarter inch of paper around the stamp. This protects the perforations. If these are damaged, the stamp is worthless. There is no need to include the postmark. Please drop off the used stamps at the LSS main office in the "Stamp Box".

A stamp has no value if it has:

- Damaged perforations
- Been torn or creased
- A very black cancellation mark
- A ballpoint or pencil mark (done to cancel the stamp)
- Scotch tape or any other paper on stamp
- Metered postage is of no value as there is no actual stamp. This also applies to the printed stamp on airmail.

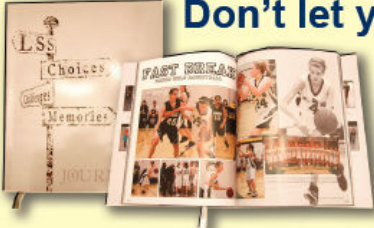


Have a look at some of the dogs that were purchased and trained through this program.



<http://www.guidedogs.ca/photogallery.htm>

Don't let your son or daughter miss out on the memories!



Our full colour, 184 page Langley Secondary Yearbook is currently on sale for only \$50. Only a limited amount will be ordered over the pre-paid number this year and those few will be more expensive in June. So don't miss out! Buy your yearbook today and guarantee that those high school memories will be shared for many years.

ORDER YOUR YEARBOOK NOW!!!



Congratulations to some of the LSS Dancers for Dancing in the Assembly performance of "Kindness Rocks". We would like to congratulate Kaylee Badour, Kat Bylow, Barb Ehrenbergerova, Natashya Bianco, Taylor Bubb, Samantha Scott and Vanessa Goulding for their marvelous performance in the show. Well done LSS Dancers!



Library News

The school library is up and running Monday through Thursday from 8 am to 3 pm. During lunch, the library is open for your studies. Food and drinks are not allowed. If you would like to come and study during classes, you need to bring permission from your teacher. We have displays ready for your art work (posters, photos, sculptures etc.) that you would like to display in the safe and locked areas. Please come and talk to the Library Technician Mrs. Zgorzelska. There are some opportunities throughout the year to come and help in the library.

If you would like to get involved, please let me know.

Here are some great helpful links for your research projects like encyclopedias, atlases and databases

<http://www.sd35.bc.ca/district/library/>

Free eBooks downloadable for you iPhones, iPods, MP3s and computers

<http://downloads.bclibrary.ca>

CITY OF LANGLEY

FRIGHT NIGHT

FEAR FACTOR

YOUTH

Dance Party



12-17 yts

Extreme Fear Factor Pumpkin Carving Dance Showdown Prizes

Saturday October 29 7:00-10:00pm

Douglas Recreation Centre

20550 Douglas Crescent

\$5 per person (you must preregister by Friday Oct 21)

in person or 604-514-2865 or 604-514-2940

October 6, 2011

Dear Parent(s) Or Guardian(s):

I am writing to ask your permission for your child to participate in a Whiplash Clinic research project on developing a database of uninjured necks and injured necks in high school aged students. This project will be conducted at the Whiplash Clinic over the next two months and will be no cost to you, the parents, for this research study involving your child.

We are interested in identifying what a normal uninjured neck moves like and comparing it to necks that have been injured using our unique x-ray technology. This data will help create a baseline with which any future injury can be compared and the best form of therapy can be initiated immediately.

Please note that our Motion X-ray emits very little radiation (1% of what an x-ray machine in the hospital emits) and is unique in the sense that it makes a video of a moving neck and is not a still image. Please visit the following link to see examples of this unique technology (http://whiplashclinic.com/dynamic_motion_imaging_examples.html).

Our project may help us understand more about why persons involved in neck injuries often develop chronic pain months to years after the injury occurs.

The project in which your child has been invited to participate is expected to be an enjoyable experience and will require less than 30 minutes to perform. However, the decision about participation is yours. To help you in this decision, a brief description of me and my background is provided in the additional letter.

Some of your children have already gotten to know me in the realm of coaching them in football, so they should feel very comfortable with this encounter.

If your child already has complaints of neck pain and/or headaches, this project will most certainly benefit them and their current therapist/doctor in better tailoring any current treatment plan.

Prior to conducting the motion x-ray, your child will be required to fill out a health questionnaire in its entirety and to the best of their knowledge. We encourage you, as parents to help because you will remember most of your child's health history from when they were very young.

All children's results are considered confidential and individual children's results will not be shared with anyone. However, information based on the results of the group of participants will be provided. Naturally, as parents, you will have the option and access to have your child's results explained and for me to answer any questions you may have based on the results. If any area of concern is identified, we will invite you, as parents, to come and discuss this with us and any potential treatment options and strengthening exercises will be explained.

There is a great benefit for your child being part of this study beyond helping the greater good. The results of this study will be kept on file and because your child will already have a recorded chart of their current condition, it can be used in the future if they are ever injured, to show possible changes due to injury. In essence, the information gathered for our study can act like an insurance policy for your child if they are ever in an accident as we will have clear, undisputable evidence of what their neck looked like on the research study date (prior to injury).

Only children who have parental permission, and who themselves agree to participate, will be involved in the study. Also, children or parents may withdraw their permission at any time during the study without penalty by indicating this decision to the researcher. There are no known or anticipated risks to participation in this study.

We would appreciate if you would permit your child to participate in this project, as we believe it will contribute to furthering our knowledge of the neck and its functionality in young, healthy individuals, to be able to better serve them as well as adults dealing with pain due to a neck injury while they were young.

Please contact Dr. Sasha Blaskovich if you would like your child to participate, at the Whiplash Clinic (either by mail, fax or email) by October 31st.

If you have any questions about the study, or if you would like additional information to assist you in reaching a decision, please feel free to call me at the Whiplash Clinic, 604-510-5111. Thank you in advance for your interest and support of this project.

Yours sincerely,

Dr. Sasha J. Blaskovich, B.Sc., D.C., D.P.M.
Director
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c.c. Frank Roberto
Vice-Principal
Football Coach

